



Department of Psychosocial and Spiritual Resources
Cross Cancer Institute

Support Group Therapy for Women with Metastatic Cancer

DESCRIPTION

To foster the greatest emotional health, wellbeing and quality of life for women who face metastatic cancer.

Toward this end we strive to:

- create an atmosphere of acceptance and sharing in a cohesive respectful group;
- encourage openness and authentic expression of feelings and thoughts;
- emphasize the present time, coping with the illness, and related stress and symptoms; and
- discuss existential themes that group members may be finding it hard to discuss openly elsewhere

DATE AND TIME

Sessions will begin in the Spring, Fall, and Winter; 90 minutes sessions will be held once a week for six consecutive weeks.

LOCATION

Department of Psychosocial and Spiritual Resources, Group Room 1043.

PRE-REGISTRATION IS REQUIRED.

For further information and to register, contact:
Department of Psychosocial and Spiritual Resources
Cross Cancer Institute
Phone: (780) 432-8703/8704