



Department of Psychosocial and Spiritual Resources
Cross Cancer Institute

Support Group Therapy for Spouses of Cancer Patients

DESCRIPTION

The support therapy group is designed to provide cancer patients' spouses the opportunity to explore and express their feelings and experiences in a safe, and non-judgmental setting. Interact openly and honestly with other spouses, offering and receiving emotional support and understanding. Learning the importance of taking care of self in order to optimize the care of the sick spouse.

DATE AND TIME

Sessions will commence in the Spring, Fall, and Winter; 90 minute sessions will be held once a week for six consecutive weeks.

LOCATION

Department of Psychosocial and Spiritual Resources, Group Room 1043.

PRE-REGISTRATION IS REQUIRED.

For further information and to register, contact:
Department of Psychosocial and Spiritual Resources
Cross Cancer Institute
Phone: (780) 432-8703/8704